

NORTH GREENBUSH COMMON SCHOOL DISTRICT

48 North Greenbush Road, Unit B

Troy, New York 12180

Phone: (518)283-6748

FAX: (518)283-6609

To the Parents of Kindergarten Students:

As part of a required school health examination, a student is weighed and his/her height is measured. These numbers are used to figure out the student's body mass index or 'BMI'. The BMI helps the doctor or nurse know if the student's weight is in a healthy range or is too high or too low. Recent changes to the New York State Education Law require that BMI and weight status group be included as part of the student's school health examination. A sample of school districts has been selected to take part in a survey by the New York State Department of Health. If our school is selected to be part of the survey, we will be reporting to the New York State Department of Health information about our students' weight status groups. The information sent to New York State Department of Health will help health officials develop programs that make it easier for children to be healthier.

Only summary information about students is sent to the Health Department. No names and no information about individual students are sent. However, you may choose to have your child's information excluded from this survey report.

Please select between the two options below, sign, and return this form to our office. Should you have any questions regarding this, please contact Tori Davey, School Nurse tdavey@lasalleinstitute.org

Yes, you may include information about my child in the BMI data set when it is sent to the NYS Health Department.

No, you may not include BMI data on my child when it is sent to the NYS Health Department.

Child's Name

Date

Print Parent's Name

Parent's Signature